

My Lunch Hour Non-Surgical Facelift

A non-surgical facelift in less than an hour, come on, that isn't possible? Or is it? Well the answer is yes it is and the good news is it isn't painful and the results even after one treatment are astonishing!

Dr. Michael Rahman, Naturopathic Doctor, at his clinic Pinewood Natural Health Centre provides full integrated health therapies including, Naturopathic medicine, as well as various complimentary modalities such as botanical medicine, traditional Chinese medicine, acupuncture and cosmetic therapy to name a few.

Cosmetic therapy includes body contouring, reshaping and facial rejuvenation. One of the therapies for non-surgical facelifts is the Radiofrequency (Therma-Skin). The Therma-skin therapy is the first in Canada and Dr. Rahman selected it after very careful due diligence. "There are a variety of options for non-surgical facelifts however some of them cause the patient pain and discomfort. I hadn't found any that I would want to use on myself and therefore wasn't willing to provide it for my patients." The leading edge technology comes from Europe and Dr. Rahman tried it on himself and was so impressed he is the first in Canada to have the superior technology.

Overall health & beauty has to be a multi-pronged approach. According to Dr. Rahman, "Those that use only one modality aren't seeing the same results as my patients are achieving because we are approaching the cosmetics body contouring, reshaping and facial rejuvenation from the inside out. By having a multifaceted approach, we are able to achieve faster results that are more dramatic and longer lasting."

I found my lunch hour non-surgical facelift to be a completely relaxing experience. It was like getting a facial. There was some warm heat that was soothing and not painful at all. When completed in approximately 40 minutes Dr. Torres said I could apply makeup to the face and resume all normal activities. After only one treatment I could see immediate results. It was really amazing! The overall tone and texture of my skin dramatically improved as well as the fine lines around my eyes were noticeable diminished all after only one treatment.

Dr. Torres recommended 6 treatments over 6 weeks and only once a year for maintenance as an annual treatment. I was sold. I found greater results after the second treatment in the overall tone of my skin and particularly around the eye area. I found my eyelids appeared to be lifted.

The clinic highly recommended the MayStar product line to use as part of my daily regime to further enhance the Radiofrequency, which I did purchase. Having very sensitive skin I haven't found anything that I am loyal to as a product line until now. These were the very first products I have ever used that didn't make my eyes water when I put them on. I have tried everything from high end products to all natural products. The MayStar representative explained that many product and even all-natural ones do contain botanicals and some people can experience an adverse reaction.

My overall experience at Dr. Rahman's clinic was a very pleasant one and even my family noticed a difference in my complexion. Friends have all asked me what I am doing as my skin looks fabulous. I notice the difference particularly at the end of the day when previously I would look at myself in the mirror and I felt I looked haggard and tired. I now look in the mirror and I look great!

The end result, yes you can get a painless lunch hour non-surgical facelift and more!

For more information see www.pinewoodinstitute.com and www.formulalife.com